Seattle Sperm Bank

Donor:
Date Completed: 07/19/2024

Donor Profile

General Information

Year of Birth: 1990

Place of Birth: United States

Mother's Ethnic Origin/Ancestry: East indian, Native American

Father's Ethnic Origin/Ancestry: English, German

Do you practice religion? Yes

If so, what religion? Christianity (Progressive)

Height: 6' 0"

Weight: 160

Eye Color: Brown

Hair Color: Black

Height at birth: 20"

Weight at birth: 7lb 7oz

Adult shoe size: 11

Hair: thick

Hair type: straight

Blood type: B+

Bone Structure: Medium

Are you predominantly: Right-handed

Other distinguishing features (dimples, cleft chin, Roman nose, etc.): N/A

Skin Characteristics:
Freckles: None

Open Donor: N/A

☐ Very fair (little to no ability to tan on sun exposure)

☐ Fair (skin will tan lightly on sun exposure)

☐ Medium (light color but will tan moderate to dark)

☑ Olive (pigmentation of unexposed skin)	☑ Light	☐ Moderate	☐ Dark
☐ Dark (Unexposed skin)	☐ Light tan	☐ Dark tan	☐ Brown
	☐ Black		

Education Information

(select highest level attained)

How many years of high school have been completed?	☐ 1	☐ 2	☐ 3	✓ 4

GPA: 4.4

How many years of college/university have been completed? 4	☐ 1	☐ 2	☐ 3	✓ 4

GPA: 3.2

Degree: B.A. Major or Area of Study: Finance

Personal Characteristics

(Please describe in some detail)

What is your native language?
English

What other languages do you speak?

Math Skills/Ability:
I believe I have a high arithmetic acumen. As a sophomore in high school, I scored a 720/800 on the math portion of the SAT and I only took it once because my score was good enough for college applications.

Mechanical Skills:
I'm not an engineer, but I do enjoy problem-solving.

Athletic Skills
Not particularly. I am a healthy male and have maintained an active lifestyle.

What is your favorite sport?
Basketball, tennis, running

What are your Hobbies/Interests/Talents?
I've always had a knack for learning and reading. Currently, I'm learning everything I can about nutrition and the benefits of preventative medicine.

Describe your artistic ability:
I am a professional musician and play piano and guitar. I am also a multimedia artist and incorporate creative coding to create immersive audio-visual experiences.

Do you like animals? If so, which is your favorite?
Flamingo

To where would you like to travel and why?
Singapore. It seems like a very beautiful place that is focused on sustainability.

How would you describe your personality?
I would like to think I'm a Type A personality (disciplined, efficient, studious), but those around me say that I give off Type B personality (laid-back, extroverted, etc.). I am considerate and try my best to exhaust the consequences of my actions before I act.

What is your ultimate ambition or goal in life and how do you see yourself in twenty years?
It is my hope that the most people have the highest quality of life. I want to amplify forgiveness and be a peacemaker. If I was to fully surrender to these missions, I will probably be dead in 20 years because it would be too much for existing mindsets of thinking to handle (i.e. Jesus, MLK).

Additional Academic Information

SAT Scores:	Verbal 600	Math 720	Total 1320
	LSAT	MCAT	GRE
	GMAT	Other ACT: 30	

Open Donor: N/A

Lifestyle and STI History

Your diet is: Good

Any dietary restrictions? Gluten, dairy, processed sugar (sucrose, sucralose, dextrose, maltodextrin)

Dietary supplements (vitamins, etc.)? D, B12, DHA from algae

How often do you exercise? Regularly

Type of exercise: Running, calisthenics

Have you or your sexual partners ever had:	Myself	Partner
NSU (non-specific urethritis)	No	No
Chlamydia	No	No
Genital Warts (HPV)	No	No
Genital Herpes	No	No
Other (s)	No	No

Type (s):

When:

Have you ever been treated for any sexually-transmitted disease(s)? No

Have you ever served in the military? No

How many alcoholic drinks do you consume during an average week? 0

Have you ever had a drinking problem? No

Have you ever been treated for alcohol or drug abuse? No

Do you smoke cigarettes? No

Open Donor: N/A

Seattle Sperm Bank

Donor:
Date Completed: 04/10/2024

Current Age: 33

Medical Diagnoses, past and/or present: CSwNP, although this has been remedied through surgery

Birth Defects: None

Describe any childhood allergies you had:

Vision and Hearing:
Vision:
Corrective lenses: Yes
Has Undergone Corrective Eye Surgery: No

Biological Children: None

Sibling Information

Year of birth?	Sex assigned at birth?	Half or full sibling, maternal or paternal?	Living or deceased?	If deceased, cause of death?	If deceased, age of death?
1992	female	Full	Living		
1995	female	Full	Living		

Donor's Mother

Year of birth?	Living or deceased?	If deceased, cause of death?	If deceased, age of death?
1958	living		

Donor's Father

Year of birth?	Living or deceased?	If deceased, cause of death?	If deceased, age of death?
1960	living		

Donor's Maternal Aunts/Uncles

Estimated year of birth?	Sex assigned at birth?	Half or full aunt/uncle, maternal or paternal?	Living or deceased?	If deceased, cause of death?	If deceased, age of death?
1955	male	Full	Living		
1956	female	Full	Living		
1967	female	Full	Living		
1971	Male	Full	Living		

Donor's Paternal Aunts/Uncles

Estimated year of birth?	Sex assigned at birth?	Half or full aunt/uncle, maternal or paternal?	Living or deceased?	If deceased, cause of death?	If deceased, age of death?
1948	Female	Full	Deceased	76	Diabetic Ketoacidosis
1950	Male	Full	Living		
1953	Male	Full	Living		
1957	Male	Full	Living		
1965	Male	Full	Living		

Donor's Maternal Grandmother:

Estimated year of birth?	Living or deceased?	If deceased, cause of death?	If deceased, age of death?
1931	Deceased	Non-Hodgkin's Lymphoma	69

Donor's Maternal Grandfather:

Estimated year of birth?	Living or deceased?	If deceased, cause of death?	If deceased, age of death?
1933	Deceased	Kidney Failure	68

Donor's Paternal Grandfather:

Estimated year of birth?	Living or deceased?	If deceased, cause of death?	If deceased, age of death?
1921	Deceased	prostate cancer	73

Donor's Paternal Grandmother:

Estimated year of birth?	Living or deceased?	If deceased, cause of death?	If deceased, age of death?
1928	Deceased	lung cancer	68

If you are unable to provide information for any of the above family members, please specify which family member(s) and explain the reason for the lack of information.:

I'm not on speaking terms with many of my family, including my parents, and I don't have or expect to have records for many of them. For instance, my father never met his father, so I'm unaware of them completely. Not many details are known but donor knows the COD for grandparents and known extended family are healthy.
Most of my mom's family lives in Suriname which does not have great access to medical care. Maternal grandparents moved to the US in the 80s.

Diagnosis	Donor	Child	Sibling	Mom	Dad	MGP*	PGP*	Maternal A/U**	Paternal A/U**	Maternal Cousin	Paternal Cousin	Niece/ Nephew	Other	None
Birth defect														X
Chronic Illness									X					
Seizures or epilepsy														X
Cerebral palsy														X
Genetic/Inherited Disease														X
Cancer						X	X							
Inherited cancer syndrome														X
Dementia/Alzheimer's Disease														X
Cardiovascular Disease														X
Severe Vision or Hearing Impairment														X
ADD/ADHD														X
Major depression, bipolar disorder, schizophrenia, or schizoaffective disorder														X
Other psychiatric disorder														X
Autism Spectrum Disorder														X
Learning Difference														X
Intellectual Disability														X
Substance Abuse														X
Anesthetic Reaction														X
Other Illness	X					X								

*MGP: Maternal Grandparent, PGP: Paternal Grandparent

**A/U: Aunt/Uncle

Please see the attached page for additional notes regarding the diagnoses noted above.

Additional details from the Family History table, as reported by the donor:

Chronic illness:

Paternal Aunt: Diabetes COD due to ketoacidosis age 76
Age of onset: early 50s
Treatment: insulin
Any other pertinent information? Fell into a diabetic coma and died

Was Genetic Testing Completed? No

Cancer:

Paternal Grandfather: prostate cancer COD age 73
Age at diagnosis: Unknown
Environmental/Lifestyle factors related to cancer: Unknown
Did the cancer reoccur, or did the individual get diagnosed with any other cancers?: Unknown
Did the affected individual or any family members undergo any hereditary cancer genetic testing?: No
Are there any other family members with a history of cancer? If so, who/what type of cancer/age of diagnosis?: See below

Paternal Grandmother: lung cancer COD age 68
Age at diagnosis: early 60s
Environmental/Lifestyle factors related to cancer: Heavy smoker
Did the cancer reoccur, or did the individual get diagnosed with any other cancers?: No, did not get any treatment
Did the affected individual or any family members undergo any hereditary cancer genetic testing?: No
Are there any other family members with a history of cancer? If so, who/what type of cancer/age of diagnosis?: See below

Maternal Grandmother: Non-Hodgkin's Lymphoma COD age 69
Age at diagnosis: 68
Environmental/Lifestyle factors related to cancer: Smoked early in life but quit decades ago
Did the cancer reoccur, or did the individual get diagnosed with any other cancers?: No, no treatment and was found at stage 4
Did the affected individual or any family members undergo any hereditary cancer genetic testing?: No
Are there any other family members with a history of cancer? If so, who/what type of cancer/age of diagnosis?: No

Was Genetic Testing Completed? No

Other Illness:

Maternal Grandfather: kidney failure COD age 68
Age of onset: early 50s
Treatment: dialysis but did not work
Any other pertinent information?: Had high blood pressure and took medication for that. The medication damaged his kidneys and caused the failure.

Donor : CSwNP
Age of onset: mid-teens
Treatment: surgery to have polyps removed, currently managing with diet

Was Genetic Testing Completed? No

Genetic Counselor Assessment

This donor's family history was assessed by a certified genetic counselor for patterns that may signify an increased health risk to people conceived by the donor.The family history was approved at the time of the review. The egg source's family history will also contribute to potential health risks for people conceived by the donor.

The donor reports a history of chronic rhinosinusitis with nasal polyps (CRSwNP) with onset in his mid-teens. Symptoms include anterior or posterior rhinorrhea, nasal congestion, hyposmia, and/or facial pressure or pain that last for a duration of more than 12 weeks. Nasal polyps are inflammatory lesions that project into the nasal airway, are typically bilateral, and originate from the ethmoid sinus. Males are more likely to be affected than females, but no specific genetic or environmental factors have been strongly linked to the development of this disorder to date. Risk of recurrence for people conceived with this donor is unknown.

The donor has second-degree relatives with a history of diabetes, non-Hodgkin's lymphoma, kidney failure, prostate cancer, and lung cancer. These conditions typically follow multifactorial inheritance, meaning they are caused by a combination of environmental and genetic factors. While first degree relatives to those affected may have an increased risk for recurrence, as a person conceived with this donor would be third degree, the risk for recurrence, which may be modifiable with screening, lifestyle choices, and therapies, is most likely not significant.

The donor notes that he is not on speaking terms with his parents and many other family members though he does reports that his extended family is healthy. Thus, our risk assessment may be limited by the accuracy and availability of the information provided.

Reviewed by:

Shannon Wieloch, CGC

Date: 04/24/2024

Shannon Wieloch

Family General Information

Mother of Donor

Year of Birth: 1958 Place of Birth: Guyana

Is she Jewish: No	☐ Ashkenazi	☐ Sephardic	☐ Oriental
Height: 5' 6"	Weight: 140	Eye Color: Brown	Hair Color: Black
Hair: Thick	Hair Type: Straight	Vision: Poor	Bone Structure: Medium

Other distinguishing features (dimples, cleft chin, Roman nose, etc.): None

Skin Characteristics:

Freckles: None

☐ Very fair (little to no ability to tan on sun exposure)
☐ Fair (skin will tan lightly on sun exposure)
☐ Medium (light color but will tan moderate to dark)

☑ Olive (pigmentation of unexposed skin)	☐ Light	☑ Moderate	☐ Dark
☐ Dark (Unexposed skin)	☐ Light tan ☐ Black	☐ Dark tan	☐ Brown

Occupation: Nurse

Education: BS in Nursing

Special Skills or Characteristics: Family-focused, good with money

What kind of person is/was she?

	1	2	3	4	
Optimistic	☐	☒	☐	☐	Pessimistic
Assertive	☐	☐	☒	☐	Passive
Leader	☐	☐	☒	☐	Follower
Easy going	☐	☒	☐	☐	Controlling, rigid

Open Donor: N/A

Family General Information

Father of Donor

Year of Birth: 1960 Place of Birth: United States

Is he Jewish: No ☐ Ashkenazi ☐ Sephardic ☐ Oriental

Height: 6' Weight: 250 Eye Color: Brown Hair Color: Brown

Hair: Thick Hair Type: Straight Vision: Good Bone Structure: Medium

Other distinguishing features (dimples, cleft chin, Roman nose, etc.): None

Skin Characteristics:

Freckles: Few

☐ Very fair (little to no ability to tan on sun exposure)
☑ Fair (skin will tan lightly on sun exposure)
☐ Medium (light color but will tan moderate to dark)

☐ Olive (pigmentation of unexposed skin)	☐ Light	☐ Moderate	☐ Dark
☐ Dark (Unexposed skin)	☐ Light tan ☐ Black	☐ Dark tan	☐ Brown

Occupation: Machinist / Mechanic

Education: High School

Special Skills or Characteristics: Problem-solver, creative

What kind of person is/was he?

	1	2	3	4	
Optimistic	☐	☒	☐	☐	Pessimistic
Assertive	☐	☒	☐	☐	Passive
Leader	☐	☒	☐	☐	Follower
Easy going	☐	☒	☐	☐	Controlling, rigid

Family General Information

Brother of Donor

Year of Birth: 1992 Place of Birth: United States

Relationship to donor: Full Sibling

Height: 5' 4" Weight: 120 Eye Color: Brown Hair Color: Black

Hair: Thick Hair Type: Straight Vision: Good Bone Structure: Medium

Other distinguishing features (dimples, cleft chin, Roman nose, etc.): None

Skin Characteristics:

Freckles: None

☐ Very fair (little to no ability to tan on sun exposure)
☐ Fair (skin will tan lightly on sun exposure)
☐ Medium (light color but will tan moderate to dark)

☑ Olive (pigmentation of unexposed skin)	☑ Light	☐ Moderate	☐ Dark
☐ Dark (Unexposed skin)	☐ Light tan ☐ Black	☐ Dark tan	☐ Brown

Occupation: Nurse

Education: BS in Nursing

Special Skills or Characteristics: Kind, good with kids

Does he have any children?:

If yes, how many female children? male children?

What kind of person is/was he?

	1	2	3	4	
Optimistic	☐	☐	☒	☐	Pessimistic
Assertive	☐	☐	☒	☐	Passive
Leader	☐	☐	☒	☐	Follower
Easy going	☐	☐	☒	☐	Controlling, rigid

Open Donor: N/A

Family General Information

Sister of Donor

Year of Birth: 1995 Place of Birth: United States

Relationship to donor: Full Sibling

Height: 5' 6" Weight: 140 Eye Color: Brown Hair Color: Brown

Hair: Thick Hair Type: Straight Vision: Excellent Bone Structure: Medium

Other distinguishing features (dimples, cleft chin, Roman nose, etc.): None

Skin Characteristics:

Freckles: None

☐ Very fair (little to no ability to tan on sun exposure)
☑ Fair (skin will tan lightly on sun exposure)
☐ Medium (light color but will tan moderate to dark)

☐ Olive (pigmentation of unexposed skin)	☐ Light	☐ Moderate	☐ Dark
☐ Dark (Unexposed skin)	☐ Light tan ☐ Black	☐ Dark tan	☐ Brown

Occupation: Nurse

Education: Bachelor's

Special Skills or Characteristics: Kind and good with kids

Does she have any children?:

If yes, how many female children? male children?

What kind of person is/was she?

	1	2	3	4	
Optimistic	☐	☒	☐	☐	Pessimistic
Assertive	☐	☒	☐	☐	Passive
Leader	☐	☒	☐	☐	Follower
Easy going	☐	☒	☐	☐	Controlling, rigid

Family General Information

Sister of Donor

Year of Birth: 1992 Place of Birth: United States

Relationship to donor: Full Sibling

Height: 5' 4"	Weight: 130	Eye Color: Brown	Hair Color: Black
Hair: Thick	Hair Type: Straight	Vision: Excellent	Bone Structure: Medium

Other distinguishing features (dimples, cleft chin, Roman nose, etc.): None

Skin Characteristics:

Freckles: None

☐ Very fair (little to no ability to tan on sun exposure)
☐ Fair (skin will tan lightly on sun exposure)
☐ Medium (light color but will tan moderate to dark)

☑ Olive (pigmentation of unexposed skin)	☑ Light	☐ Moderate	☐ Dark
☐ Dark (Unexposed skin)	☐ Light tan ☐ Black	☐ Dark tan	☐ Brown

Occupation: Nurse

Education: Bachelor's

Special Skills or Characteristics: Kind and good with kids

Does she have any children?:

If yes, how many female children? male children?

What kind of person is/was she?

	1	2	3	4	
Optimistic	☐	☒	☐	☐	Pessimistic
Assertive	☐	☒	☐	☐	Passive
Leader	☐	☒	☐	☐	Follower
Easy going	☐	☒	☐	☐	Controlling, rigid

Open Donor: N/A

In Your Own Words...

Which words describe your personality and character?
I am pretty introspective and reserved, although I enjoy being around others and helping when and where I can. I think outside of myself more than ever now because of mistakes I've learned from.

Which sports do you like to participate in?
I enjoy running (5k's), calisthenics and yoga.

Which sports did you play as a child?
My parents introduced me to Little League, but I only played for one year. In high school, I was interested in playing basketball, but never made the team.

Which sports do you enjoy watching?
Basketball, tennis. With that said, I realize that watching sports is a form of idolatry that I think only divides us.

Do you play any musical instruments?
Piano, guitar, sing.

What is your most memorable childhood experience?
My mom taught me how to make change before I started kindergarten.

To which countries have you traveled?
US, Canada, Guyana, Suriname, Bahamas, St. Barts.

Describe one of your favorite vacations to another country:
I really haven't enjoyed my travels to other countries. There is a lot of inequality still today that is hard for me to stomach.

Describe a few of your strong sides:
Empathetic, open-mindedness, efficient problem-solver.

Describe a few of your weak sides:
I've burnt out on things in the past. For example, in the 5th grade, I read a book a day (300-400 pages). By the end of the school year, I had read nearly 300 books. After that, I didn't read a book til college. As a child, I had a hard time being honest at times because I felt I wouldn't be accepted by my conservative parents.

Donor Essay

Why do you want to be a donor?
I want to help provide a resource for those who want to have children.

Describe your relationship with your family. How has your family shaped your values and who you are today?
My family gave me a safe and nurturing upbringing. We do clash with our belief systems and I haven't fully aligned with them since I was a teenager. My mom was very disciplined and pushed me very hard to prioritize my education. My dad was very handy and showed me the value of being helpful.

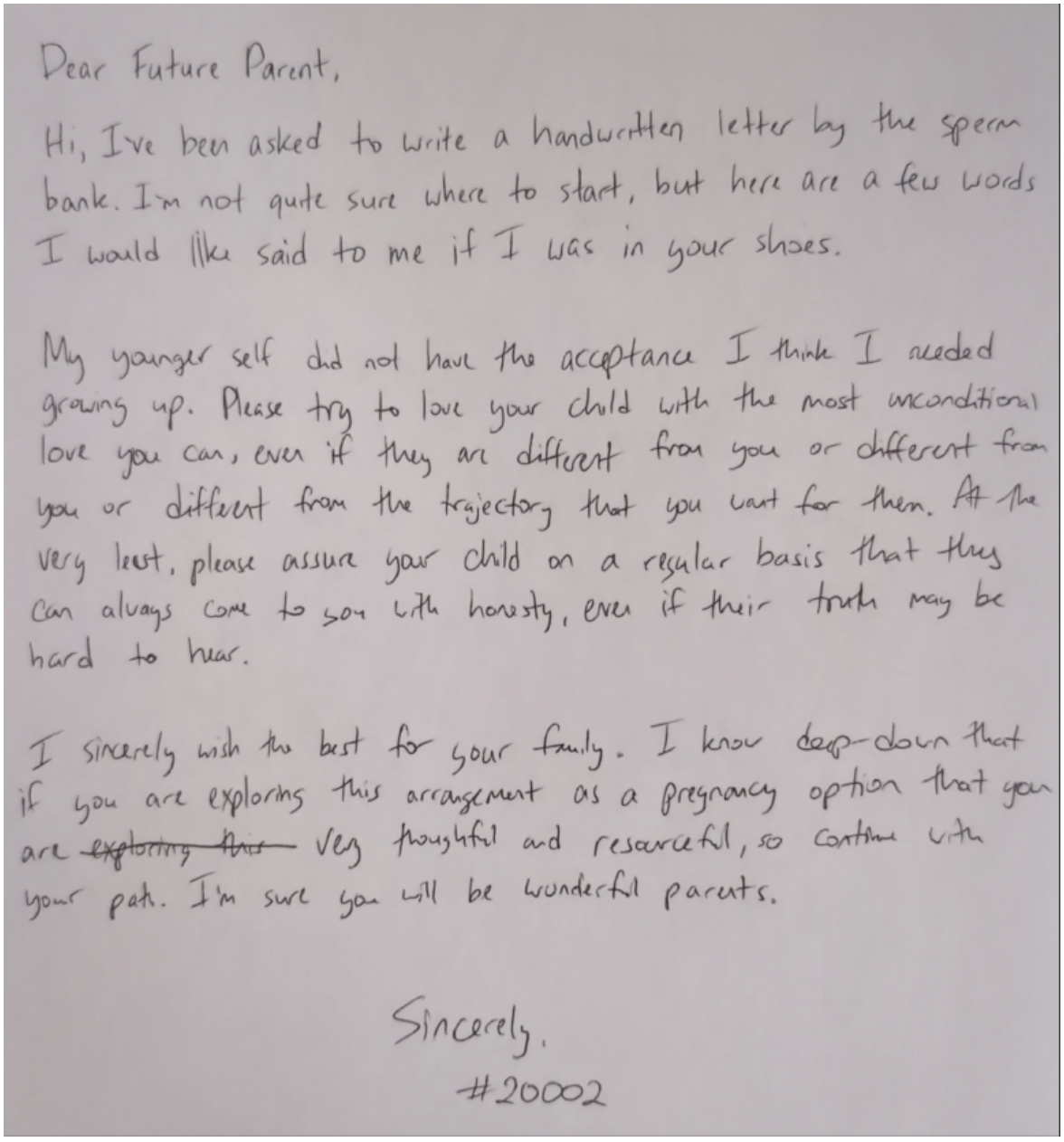
What makes you unique?
I think I feel emotions more than other people do, for better or worse.

What are you most proud of any why?
At this time, I'm most proud of continuing with my creative passions and not giving up. I hope this changes in my future, so that I become most proud of the love I shared both with those in and outside of my periphery.

Open Donor: N/A

Handwritten message

If you could pass on a message to the recipient(s) of your semen, what would that message be?



Dear Future Parent,

Hi, I've been asked to write a handwritten letter by the sperm bank. I'm not quite sure where to start, but here are a few words I would like said to me if I was in your shoes.

My younger self did not have the acceptance I think I needed growing up. Please try to love your child with the most unconditional love you can, even if they are different from you or different from you or different from the trajectory that you want for them. At the very least, please assure your child on a regular basis that they can always come to you with honesty, even if their truth may be hard to hear.

I sincerely wish the best for your family. I know deep-down that if you are exploring this arrangement as a pregnancy option that you are ~~exploring this~~ very thoughtful and researchful, so continue with your path. I'm sure you will be wonderful parents.

Sincerely,

#20002