Date: 24-Aug-20

# **DONOR PROFILE**GENERAL INFORMATION

Year of Birth: 1993			Place o	of Birth: USA	
Racial Group/Color Coo		ack/Black	☐ Asian/Y	´ellow	Other/Red
Ethnic Origin/Ancestry:	Mother: 0	German, French	Father: Afric	can American	
Do you practice religior	n? Yes If so, w	hat religion? Budd	hism		
Height: 5'9" Weigh	t: 170 lbs	Eye Color: Brown	Hair Color: E	Black	
Height at birth: 22.5"	Weight at birth	n: 9.375 lbs			
Adult Shoe Size: 12					
Hair: Ha    balding     thin     average     thick	nir Type: curly wavy straight	Corrective Lenses  Yes  No	s: Correctiv ☐ Yes ⊠No		, lood Type: A Rh+
Bone Structure:	☐ Small		☐ Large	☐ Very I	_arge
Are you predominately:		☐ right-handed	⊠ left-hand	led 🗌 ambid	lextrous
Other distinguishing fea	atures (dimples,	cleft chin, Roman r	nose, etc.):		
Skin Characteristics: Freckles:	⊠ None	☐ Few	☐ Many		
<ul> <li>□ Very fair (little to no</li> <li>□ Fair (skin will tan light color</li> <li>□ Medium (light color</li> <li>□ Olive (pigmentation</li> <li>□ Dark (unexposed signs)</li> </ul>	phtly on sun expo but will tan mod of unexposed s	osure) erate to dark)	☐ Light ☑ Dark Tan	☐ Moderate	☐ Dark ☐ Black
	ED	UCATIONAL BA (check highest lev		)	
High School	□1 □2	□3	⊠4 GPA	\:3.4	
College/University	□1 □2	□3	⊠4 GPA	\:3.3 ⊠	B.A. B.S.
Major Area of S	Study: East Asia	n Studies			
Post Graduate	□1 □2	□3	□4 □5	+ GPA:	-
Major: —	_		_	_	
Degrees Attained: ☐N	Л.А. □M.S.	□Ph.D. □M.D.	□J.D. □	]D.D.S. □C	Other:

#### PERSONAL CHARACTERISTICS

(Please describe in some detail)

### What is your native language?

English

### What other languages do you speak?

I studied and speak Japanese at an intermediate level.

### Math Skills/Ability:

I am competent in basic calculus and linear algebra.

#### Mechanical Skills:

I did a lot of manual labor in high school. I know my way around a tool box, and can fix non-electrical problems fairly well.

#### **Athletic Skills:**

I'm very athletic. I played soccer in high school and was one of the faster members of the team. In college, I proved my coordination by joining the log-rolling club, I continue to do yoga for balance and flexibility, and I am an avid weight lifter. I put on muscle very easily.

#### What is your favorite sport?

Team sports - Soccer, Solo sports - Power Lifting

### What are your Hobbies/Interests/Talents:

I am an avid singer and was in an all-male a cappella group in college. I've pretty much always been musical, so over the years I've been in a number of extra-curricular choirs, musical theater productions, and I performed in my high school's jazz band on lead alto sax. In addition to music, I love reading books that make me think: classic literature, philosophy texts, etc. Recently, I've found that I also enjoy meditation a great deal.

### Describe your artistic ability:

In terms of visual art, I'm competent, but I wouldn't say that it's my greatest skill. If I sit down and focus for a few hours, I can sketch something that looks fairly realistic, but drawing doesn't come as naturally as music. I like to think that my photography skills are a little better, but I'm definitely not a professional.

### Do you like animals? If so, which is your favorite?

I love animals especially aquatic ones. My favorite animal is the octopus because of its high performance in human-developed tests for animal intelligence. What makes it so interesting is that octopuses have nervous systems that are decentralized and highly divergent from those of humans and other "intelligent" animals such as dolphins and chimpanzees. I also am fascinated by their ability to change their appearance to blend into their surrounding despite all signs pointing to them being color-blind.

### To where would you like to travel and why?

I would love to go back to Japan so that I could spend more time in Kyoto and maybe get a chance to visit other places like Nara and Osaka. The last time I was there, I was lucky enough to spend the bulk of my time in Tokyo, but I want to be able to experience more historical sites and to visit the Buddhist temples again now that I'm on a Buddhist path.

### How would you describe your personality?

I tend to be even-tempered, kind, and empathetic. I do lose my temper occassionally, but that tends to be in extreme circumstances. When I was younger, I tended to be more of a people-pleaser, and although I still want to help people when I can, I have been able to cultivate the ability to say no and to confront others when they are acting without regard for others.

### What is your ultimate ambition or goal in life and how do you see yourself in twenty years?

My ultimate goal in life is to be a source of wisdom in the world. I believe that two of my greatest assests are my intelligence and my compassionate nature. In 20 years, I hope to have cultivated both such that I can help others find peace and stability in their lives.

2

## ADDITIONAL ACADEMIC INFORMATION

SAT Scores:	Verbal 1310	Math 690	Total	2000		
	LSAT	MCAT		GRE		
	GMAT	Other				
			FERT	TILITY HISTORY		
Do you have an	ny children? No	o				
If yes, how man	ny male childre	en?		female children?		
For each child,	please give age	e, and list an	y heal	th problems:		
Age Spec	cial Health Prol	<u>blems</u>				
Have you ever	been responsib	le for any pr	egnan	ncies other than those listed above?	⊠ No	Yes
If yes, what yea	ar did it occur?					
Have you ever	been refused as	s a blood do	nor?		⊠ No	Yes
If yes, explain:						
Has anyone in y	your family had	d difficulty i	n achi	eving pregnancy?	☐ No	Yes Yes
				trouble conceiving when they were trying brother. My half-siblings and I all have d		
Are there any tv	wins or triplets	in your fam	ily?		No No	Yes
If yes describe:						

### **FAMILY MEDICAL HISTORY**

**Note:** The following questions require knowledge about your family's medical history. You may wish to have your mother or father assist you in obtaining the necessary information.

Has any member of your family, including yourself, had a problem or defect at birth in any of the following body systems?

1. Circulatory system 2. Gastrointestinal system 3. Genital/urinary system 4. Metabolic (hormones, enzymes, etc.) 5. Nervous system (brain, spinal cord, etc.) 6. Respiratory system 7. Skeletal system (bones, joints, muscles) 8. Organ (heart, lung, kidney, etc.) 9. Other:    No   Y										
If yes to any of the above,	, please list below the spe	cific defect in each case.								
Type of birth defect	Affected family member	Age at diagnosis	Relevant circumstances							
Do you have any brothers	or sisters who died in inf	fancy or childhood?	⊠ No ☐ Yes							
If yes, what was the cause	??									
Are there any diseases or If yes, indicate the disease			⊠ No □ Yes							
Has anyone in your family been evaluated by a physical	y, including yourself, exp cian? (Please include the	erienced recurring and/or cose symptoms that you may	hronic symptoms that have not not consider serious.)  No Yes							
If yes, please describe:										

													Mate	ernal	Pate	rnal
Relatives	Mother	Father	Sibl	ings	G	randp	arent	s	Auı	nts	Und	cles	Cou	sins	Cou	sins
			F	М	MGM	MGF	PGM	PGF	Mat	Pat	Mat	Pat	F	М	F	М
Indicate number of relatives→	1	1			1	1	1	1								

Medical Problem	You	Mother	Father	Sibl	lings	(	Grandp	arent	s	Aunts	Uncle	Ma es Co	terna usins	Pate Cou	ernal Isins	
				F	М	MGN	/MGF	PGM	PGF	Mat Pa	t Mat P	at F	М	F	М	one
1. Cardiovascular																
A. congenital heart defect																$\boxtimes$
B. atherosclerosis																$\boxtimes$
C. arteriosclerosis																$\boxtimes$
D. heart attack																$\boxtimes$
E. high blood pressure		$\boxtimes$														
F. stroke																$\boxtimes$
G. other																$\boxtimes$
2. Blood																
A. anemia																$\boxtimes$
B. sickle cell anemia																$\boxtimes$
C. hemophilia or other bleeding problem																$\boxtimes$
D. leukemia																$\boxtimes$
E. immune deficiency																$\boxtimes$
F. other																$\boxtimes$
3. Respiratory (lungs)																
A. hay fever	$\boxtimes$	$\boxtimes$														
B. asthma		$\boxtimes$														
C. emphysema																$\boxtimes$
D. tuberculosis																$\boxtimes$
E. lung cancer																$\boxtimes$
F. pneumonia																$\boxtimes$
G. other																$\boxtimes$
4. Skin																
A. acne																$\boxtimes$
B. eczema																$\boxtimes$
C. melanoma																$\boxtimes$
D. skin cancer		$\boxtimes$														
E. pigmentation disorders																$\boxtimes$
F. other																$\boxtimes$

Comments: My mom and her dad both have high blood pressure and my mom has worked with her doctor to find a blood pressure medication to keep her in check. I used to have bad hay fever, but I had allergy shots before going to college. Despite discontinuing them, I have not had symptoms return except when pollen levels are extremely high. My mom has hay fever and sometime uses an inhaler for

allergy related asthma symptoms. When she was young, she did a lot of tanning, and so she ended up with skin cancer which was quickly identified and removed.							

Medical Problem	You	Mother	Father	_				arent					les	Cou	ernal sins	Cou	sins	No one
				F	М	MGM	MGF	PGM	PGF	Mat	Pat	Mat	Pat	F	М	F	М	OHE
5. Gastro-intestinal						ı									<u> </u>	,		
A. ulcer of stomach or duodenum																		$\boxtimes$
B. gall stones																		$\boxtimes$
C. hepatitis A (infectious)																		$\boxtimes$
D. hepatitis B (serum)																		$\boxtimes$
E. other liver disease																		$\boxtimes$
F. colon cancer																		$\boxtimes$
G. ulcerative colitis																		$\boxtimes$
H. Crohn's disease																		$\boxtimes$
I. cystic fibrosis																		$\boxtimes$
J. intestinal cancer																		$\boxtimes$
K. other																		$\boxtimes$
6. Urinary																		
A. kidney disease																		$\boxtimes$
B. disease of the urinary tract (urethra,bladder, ureter)							$\boxtimes$											
C. other																		$\boxtimes$
7. Genital/Reproductive s	yste	m																
A. undescended testicle																		$\boxtimes$
B. hypospadias																		$\boxtimes$
C. prostate cancer																		$\boxtimes$
D. uterine fibroids																		$\boxtimes$
E. ovarian cysts																		$\boxtimes$
F. cancer of cervix or uterus																		$\boxtimes$
G. breast cancer						$\boxtimes$												
H. ovarian cancer																		$\boxtimes$
I. Other																		$\boxtimes$

Comments:My grandparent both experienced these things after they were in their fifties. My grandmother had breast cancer, but it was taken care of pretty much immediately and has not returned and it has been about a decade. My grandfather had a prostate infection a few years ago that was cocurrent with cold symptoms. He has had it treated and seems to be doing better now. Both are healthy and active.

Medical Problem	You	Mother	Father					arent					cles	Mate Cou	sins	Cou	sins	No one
O. Makabalia/Findanina				F	M	MGM	MGF	PGM	PGF	Mat	Pat	Mat	Pat	F	М	F	М	
8. Metabolic/Endocrine					$\overline{}$								П					
A. diabetes mellitus	H			牌			H	H	H	H	믬	ᄴ	片	H	H	H	H	
B. hypoglycemia	Щ	⊢∺	Щ.	Щ	Н		H	Н	Н	Щ	Н	$\perp$	片	H	H	H	Н	
C. thyroid cancer	Н	⊢⊢		Щ	屵	Щ	4	Щ	닏	牌	ᆜ	ᅰ	牌	닏	ᆜ	Н	Щ	
D. thyroid disease	Щ			Щ	Щ	Щ	Щ	Щ	Щ	Щ	Ц	Щ	닏	빝	Щ	Щ	Щ	
E. goiter	Ш	Ш		Ш	Ш	Ш	Ш	Ш	Ш	Ш	Ш	Ш	Ш	Ш	Ш	Ш	Ш	$\boxtimes$
F. adrenal dysfunction or disorder																		
G. other																		$\boxtimes$
9. Neurological																		
A. migraines		$\square$																
B. mental retardation																		$\boxtimes$
C. senility before age 50																		$\boxtimes$
D. Alzheimer's disease																		$\boxtimes$
E. multiple sclerosis																		$\boxtimes$
F. epilepsy or seizure disorder																		$\boxtimes$
H. hydrocephalus																		$\boxtimes$
I. disorders of spinal cord															$\Box$			$\boxtimes$
J. Huntington's disease	$\overline{\Box}$			Ī	Ī		Ī	Ī	同	同	$\overline{\sqcap}$	П	П	Ī	Ħ	$\overline{\Box}$	同	
K. Gaucher disease	$\overline{\Box}$			$\overline{\Box}$	$\overline{\sqcap}$		П	$\overline{\Box}$	П	同	$\overline{\sqcap}$	$\Box$	$\overline{\sqcap}$	靣	Ħ	$\overline{\Box}$	Ī	
L. Wilson's disease	Ī			Ħ	Ħ		Ħ	Ī	Ħ	Ħ	Ī	Ħ	Ħ	Ħ	Ħ	Ħ	Ħ	
M. delay in growth and/or																		
development																		$\boxtimes$
N. learning disorder																		$\boxtimes$
O. other																		$\boxtimes$
10. Mental Health	_			_	_					_			_	_			_	
A. schizophrenia																		$\boxtimes$
B. manic depressive illness																		$\boxtimes$
C. other mental health disorders requiring hospitalization																		$\boxtimes$
D. severe depression with periods of inability to function																		$\boxtimes$
E. other																		$\boxtimes$

Comments:My mom occasionally has migraine headaches accompanied by light sensitivity. They are not so debilitating that she has sought treatment.

Medical Problem	You	Mother	Father	Sibl F		G MGM	arent PGM			cles	Mate Cou F		No one
11. Muscles/Bones/Joints		L											
A. muscular dystrophy													$\boxtimes$
B. other chronic muscle disease													$\boxtimes$
C. lupus													$\boxtimes$
D. deformity of spine													$\boxtimes$
E. osteoporosis													$\boxtimes$
F. dwarfism													$\boxtimes$
G. hereditary low back disease													$\boxtimes$
H. arthritis													$\boxtimes$
I. gout													$\boxtimes$
J. other													$\boxtimes$
12. Sight/sound/smell													
A. deafness before age 60													$\boxtimes$
B. significant hearing loss					$\boxtimes$								
C. deformity of the ear													$\boxtimes$
D. cataracts before age 50													$\boxtimes$
E. blindness													$\boxtimes$
F. color blindness													$\boxtimes$
G. glaucoma													$\boxtimes$
H. deviated septum		$\boxtimes$											
I. any other sight/sound/ smell disorder													$\boxtimes$
13. Other													
A. alcoholism													$\boxtimes$
B. drug abuse, misuse, or addiction													$\boxtimes$
C. any other cancer not mentioned above													$\boxtimes$
D. any other condition not mentioned above													$\boxtimes$

Comments:My brother has hearing loss in one of his ears, but he does not require any hearing aids at this time. My mother had surgery for a deviated septum when she was in her early 30s.

### PERSONAL HEALTH HISTORY

Do you currently have any allergies?	□No ⊠Yes
If yes, they are to:	Food Drugs Plants Other
Please list specific substances and reaction (s) pr	
Substance	Reaction
Penicillin	Rash
Describe any childhood allergies you had: Besid	ides those above, it was many pollen and other types of mold
How is your vision (without corrective lenses)?	☐Excellent ☐Good ☐Fair ☐Poor
Do you wear corrective lenses?	No ☐Yes Your vision is: 20/20
Are you: ☐Nearsighted ☐Farsighted ☐Cacceptable	Other (specify)I tend toward near-sightness, but my vision is
Have you undergone corrective eye surgery?	⊠No □Yes
Do you have any hearing impairments? If yes, please describe:	⊠No □Yes
Condition of your teeth (check one): Your diet is: Any dietary restrictions? No	⊠Good □Fair □Poor ⊠Good □Fair □Poor
Dietary supplements (vitamins, etc.)?Pro	rotein Powder, Creatine
How often do you exercise?	Regularly Occasionally Rarely
Have you ever had surgery?  If yes, please list all surgeries:  1) 2)	⊠No □Yes  Year: Year:
3) 4)	Year: Year:
Have you had any hospitalization not already me If yes, please explain:	nentioned? \( \sum No \subseteq Yes

10

## PERSONAL HEALTH HISTORY

(Continued)

Have you had major x-ray exposure or other radiation exposure?							
	If yes, please explain	:					
Have you or your sexual partners ever had:	Myself	Partne	er	When			
NSU (non-specific urethritis)	⊠No □Yes	□No	∐Yes				
Chlamydia	⊠No □Yes	□No	Yes				
Genital Warts (HPV)	⊠No □Yes	□No	Yes				
Genital Herpes	⊠No □Yes	□No	Yes				
Other (s) Type (s):	⊠No □Yes	□No	Yes				
Have you ever been treated for any sexually-tra	ansmitted disease(s)?		⊠No	□Yes			
If yes, for which disease(s):							
When? Details?							
When was the last time that you were t	treated?						
Have you ever had any major illnesses such as etc.?  If yes, please explain:	amoebic dysentery, hep	oatitis, pne ⊠No	eumonia, Yes	mononucleosis,			
Do you have any chronic medical problems or	conditions?	⊠No	□Yes				
If yes, please explain:							
Have you ever been exposed to herbicides or to	oxic chemicals?	⊠No	□Yes				
If yes, please explain:							
Have you ever served in the military?		⊠No	∐Yes				
If yes, please explain:							

11

## PERSONAL HEALTH HISTORY

(Continued)

How many alcoholic drinks do you consume during an average week?		
Have you ever had a drinking problem?	⊠No	□Yes
If yes, describe:		
Have you ever been treated for alcohol or drug abuse?	⊠No	□Yes
If yes, describe:		
Do you smoke cigarettes?	⊠No	Yes
If yes, how many packs/day?		
How long have you been smoking regularly?		

### **FAMILY HISTORY SECTION**

The following pages contain detailed information regarding the donor's family members. There is one page of information for each family member, including his parents, siblings, grandparents, aunts and uncles. If the donor has more than one sister, you will find more than one page with the title, "Sister of Donor". If the donor has no sisters, this page will be blank. The same applies to brothers, aunts and uncles.

For a summary of the number of family members, please refer to the top portion of page 6 in this profile.

13

# **FAMILY HISTORY Mother of Donor**

Year of Birth 1975	1975 Place of Birth: USA				n: USA
Racial Group:  Caucasian		Black	☐ Asia	n	Other
If Jewish:	Ashkena	nzi	Sephardic		Oriental
Height: 5' 5" Weight:	200lbs Eye	e Color: Blue/Gr	een Hair Color:	Brown	
Hair:  Balding Thin  Average Thick	Hair Type:  Curly  Wavy  Straight	Visio	on: Excellent Good Fair Poor	Bone Structure Small Medium Large Very La	1
Other distinguishing features (dimples, cleft chin, Roman nose, etc.):					
Skin Characteristics Freckles:	⊠ None	☐ Few	☐ Many		
<ul> <li>□ Very fair (little to no ability to tan on sun exposure)</li> <li>□ Fair (skin will tan lightly on sun exposure)</li> <li>□ Medium (light color but will tan moderate to dark)</li> <li>□ Olive (pigmentation of unexposed skin)</li> <li>□ Light</li> <li>□ Dark</li> <li>□ Dark (unexposed skin)</li> <li>□ Light tan</li> <li>□ Dark Tan</li> <li>□ Brown</li> <li>□ Black</li> </ul>					
Occupation: Children and Youth Services Case Worker					
Education: B.A. Peace and Conflict Studies					
Special Skills or Characteristics: Brutally Honest and Super Loving					
If living, describe her h	nealth:	☐ Excellent	Good	⊠ Fair	Poor
If deceased, give cause and age at time of death:					
What kind of person is. Optimistic Assertive Leader Easy going	/was she? ☐1 ☐1 ☐1 ☐1 ☐1	$ \begin{array}{c}                                     $	⊠3 □3 □3 ⊠3	☐4 Pass: ☐4 Follo	

# **FAMILY HISTORY Father of Donor**

Year of Birth 1975	of Birth 1975 Place of Birth: USA			h: USA	
Racial Group:  Caucasian		Black		ian	Other
If Jewish:	Ashkena	zi	☐ Sephardic		Oriental
Height: Drop-down	Weight: 190lbs	Eye Color: D	)rop-down Hai	ir Color: Drop-do	wn
Hair:  Balding Thin  Average Thick	Hair Type:  ⊠ Curly □ Wavy □ Straight	Visio	n: Excellent Good Fair Poor	Bone Structur Small Mediun Large Very La	n
Other distinguishing features (dimples, cleft chin, Roman nose, etc.):					
Skin Characteristics Freckles:	⊠ None	☐ Few	☐ Man	y	
☐ Very fair (little to☐ Fair (skin will tan☐ Medium (light co☐ Olive (pigmentati☐ Dark (unexposed	lightly on sun of lor but will tan it on of unexposed	exposure) noderate to darl	•	☐ Modera □ Brown	te ☐ Dark ⊠ Black
Occupation: Manage	ment				
Education: Some Co.	llege				
Special Skills or Characteristics: Likes sports					
If living, describe his	health:	Excellent	$\boxtimes$ Good	☐ Fair	Poor
If deceased, give cause and age at time of death:					
What kind of person is Optimistic Assertive Leader Easy going	s/was he?	⊠2 □2 □2 □2	□3 □3 ⊠3 □3	⊠4 Pass □4 Foll	simistic sive ower trolling, rigid

# **FAMILY HISTORY Brother of Donor**

Year of Birth 2000	Place of Birth: USA			
$\overline{\boxtimes}$	Full sibling Half sibling: Adopted into fam	☐ ma	aternal MPLETE THI	☐ paternal S FORM)
Height: 5' 10" Weight: 200lbs E	Eye Color: Brown	Hair Color: Black	<	
Hair: Hair Type:  Balding Curly Thin Wavy Average Straigh Thick		n: Excellent Good Fair Poor	Bone Structur Small Medium Large Very La	ı
Other distinguishing features (dimpl	les, cleft chin, Ron	man nose, etc.):		
Skin Characteristics Freckles:	⊠ Few	☐ Many		
☐ Very fair (little to no ability to t☐ Fair (skin will tan lightly on sun☐ Medium (light color but will tan☐ Olive (pigmentation of unexpos☐ Dark (unexposed skin)	n exposure) n moderate to dark	,	☐ Modera ☐ Brown	te
Occupation: Student				
Education: Some College				
Special Skills or Characteristics: Ex	xtremely musical;	Perfect Pitch		
Does he have any children?		⊠No □Yes		
If yes, how many female children?		male c	hildren?	
If living, describe his health:	Excellent	$\boxtimes$ Good	☐ Fair	Poor
If deceased, give cause and age at ti	me of death:			
What kind of person is/was he?  Optimistic	□2 □2 □2 □2	⊠3 ⊠3 ⊠3 ⊠3	☐4 Pass ☐4 Follo	imistic ive ower trolling rigid

# **FAMILY HISTORY Sister of Donor**

Year of Birth 2011	Place of Birth: USA			
Relationship to Donor:	☐ Full sibling ☐ Half sibling: ☐ Adopted into fami		aternal MPLETE THI	□ paternal S FORM)
Height: 5'0" Weight: 60lbs	Eye Color: Blue Hair	Color: Light Bro	wn (Blond as a	kid)
Thin Wa	rly	: Excellent Good Fair Poor	Bone Structur Small Mediun Large Very La	1
Other distinguishing features (defect tall.	limples, cleft chin, Rom	an nose, etc.): S	she's a child, so	she's not actually 5
Skin Characteristics Freckles:	ne 🛚 Few	☐ Many		
<ul> <li>□ Very fair (little to no ability</li> <li>□ Fair (skin will tan lightly or</li> <li>□ Medium (light color but wi</li> <li>□ Olive (pigmentation of une</li> <li>□ Dark (unexposed skin)</li> </ul>	n sun exposure) Il tan moderate to dark)		☐ Modera ☐ Brown	te □ Dark □ Black
Occupation: Student				
Education: Some elementary se	chool			
Special Skills or Characteristics	:: Loves fiercly			
Does she have any children?		⊠No □Ye	s	
If yes, how many female childr	en?	male	children?	
If living, describe her health:	☐ Excellent	$\boxtimes$ Good	☐ Fair	Poor
If deceased, give cause and age	at time of death:			
What kind of person is/was she Optimistic \( \sum 1 \) Assertive \( \sum 1 \) Leader \( \sum 1 \) Easy going \( \sum 1 \)	? □2 □2 □2 □2 ⊠2	□3 □3 □3 □3	☐4 Pass ☐4 Foll	simistic sive ower trolling, rigid

### In Your Own Words...

### Which words describe your personality and character?

I'm kind and go out of my way to help others. I'm sociable, but I'd prefer to not engage in pointless conversation. I tend to hold a few perspectives in my head at once and always try (even if I fail) to find the most skillful way to address a situation. I'm a hard worker and pride myself on my integrity.

### Which sports do you like to participate in?

I'm a fan of playing soccer. My favorite althetic activity in general though is weight lifting.

### Which sports did you play as a child?

I played soccer and dabbled in baseball and tennis.

### Which sports do you enjoy watching?

None of them. I actually find watching sports to be boring. If I'm not playing it, why waste my time?

### Do you play any musical instruments?

I play saxophone and the piano.

### What is your most memorable childhood experience?

When I was in second grade, my mom took me on a trip to Florida with my brother, and I got to go to Discovery Cove and swim with dolphins.

### To which countries have you traveled?

I've visited Bermuda, Guatemala, Germany, The Czech Republic, Austria, Japan, Finland and Norway

### Describe one of your favorite vacations to another country:

Going to Norway was a gift from my Aunt and Uncle after I graduated from college. The three of us got to travel all over the country by car and even got to ride the Hurtigruten up the coast. We made it the whole way to Tromso in the arctic circle and got to experience 24 hours of Summer sun. While we were up north, we even unexpectedly found wild cloud berries and were able to hop over the border to Finland for a quick visit.

### Describe a few of your strong sides:

I'm a great listener, am empathetic, and I tend to be a person my friends turn to when they need advice.

### Describe a few of your weak sides:

I can be a bit stubborn, and I don't always follow advice that others give to me.

# **Donor Essay**

### Why do you want to be a donor?

I want to be a father, but right now I'm focused on pursuing other things; however, I recognize that I can help others who want to be parents but can't because they are having biological impediments to the process. I have a lot of good qualities, and as Darwinian as it may sound, I want to pass on my genes. Further, I would love to do so in a way that can bring happiness to as many people as possible.

# Describe your relationship with your family. How has your family shaped your values and who you are today?

I deeply love my family, and although I am on the other side of the country from them currently, I think about and talk to them frequently. My family has taught me a lot about hard work and the value of a dollar. I'm from a small town, so I grew up with a lot of those rural, blue-collar values. While I still hold some of them, my family also taught me to think for myself, and that has resulted in me being a bit of a truth-seeker. Additionally, my family has given me so many opportunities to learn and grow, and they inspire me by the way that they love and show up for each other continually.

### What makes you unique?

I'm a modern renaissance man with a growth-mindset. I love to challenge myself and to learn and grow. I'm a profoundly curious person, and I love to think about a wide range of problems and puzzles from the physical to the spiritual. I'm proud of both my intelligence and my physical strength, and although I am confident, I am not arrogant or rude. In all encounters, I strive to respond with compassion.

### What are you most proud of and why?

I'm currently working on a post-baccalaureate degree in Neuroscience, and the courses have been exciting and challenging. I find that with each new class, I'm finding new ways to push myself, and I've been so impressed by how hard I've been able to work and how I've been able to meet these challenges. Because I'm living away from my family, I've had to work to support myself in addition to going to classes. It has not been easy, and I've definitely had moments where I felt a bit trapped, but I've continued to show up for myself, and I'm extremely proud of what I've been able to accomplish.

## Handwritten message

If you could pass on a message to the recipient(s) of your semen, what would that message be?

Dear recipients,

I know you had a lot of aptions to choose from, so

I want you to know that it means a lot that you chose me
to be your donor. I may be brased, but I think you've made
a pretty wise decision.

I wish you the best on upur journey through parenthood.
I hope that it brings you lasting happiness.
Good luck and Best Wishes!

Donor: 12554